



TBN HEALTH *by* Truppti Bagri Nutrition



DigestEASE

HEALTHY GUT

ImmuPro

IMMUNITY BOOSTER

Face Pack

GLOWING FACIAL SKIN

Body Scrub

SMOOTH EXFOLIATED SKIN

 +91 7499113124

 tbnhealth.com

 [tbnhealth](https://www.instagram.com/tbnhealth)





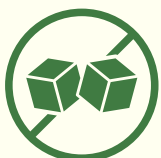
DIGESTEASE

HEALTHY GUT

- ✓ Handmade powder
- ✓ 100% Natural
- ✓ No chemicals or preservatives
- ✓ No added sugar

125 GMS

MRP 600/-



+91 7499113124



Why TBN DigestEase?

A healthy gut is vital for healthy body.

DigestEase is a concoction made with all-natural ingredients that are rich in nutrients that help reverse discomforts like acidity, constipation, and bloating. Excellent to balance the hormonal imbalance in PCOS. Diabetics friendly. Consists of ingredients that take care of digestion and gut health, maintain blood sugar levels, and relieve constipation.

Application

Add 1 tsp of in 1 glass of water, and have it either at bedtime or early morning.

Make sure you stay hydrated throughout the day.

Ingredients

Ajwain (Carom Seeds),
Dal Chini (Cinnamon Stick), Alsi (Flaxseeds),
Methi Dana (Fenugreek), Jeera (Cumin Seeds),
Saunf (Fennel Seeds)



IMMUPRO

HEALTHY GUT

- ✓ Handmade powder
- ✓ 100% Natural
- ✓ No chemicals or preservatives
- ✓ No added sugar

250 GMS

MRP 1,200/-



+91 7499113124



Why TBN ImmuPro?

A strong immune system goes a long way.
TBN ImmuPro is a blend of nuts and seeds. The core ingredients are a powerhouse of essential Vitamins and Minerals. TBN ImmuPro is also an excellent source of fibers and good proteins, in turn helping you build a strong immunity

Application

Add 2 tsp in 1 cup of hot/cold milk or hot/cold water

Ingredients

Almonds (Badam), Cashew (Kaju), Pistachio (Pista), Dry Dates (Kharek), Mixed Seeds, Euryale Ferox Seeds (Makhana), Milk Solids & Oats



FACE PACK

GLOWING FACIAL SKIN

- ✓ Handmade pack
- ✓ 100% Natural
- ✓ No chemicals or agents
- ✓ Prepared for Dry & Oily skin

100 GMS

MRP 500/-



+91 7499113124



Why TBN Face Pack?

For healthy and youthful glow.

The perfect combination of premium ingredients that are rich in antioxidants. Their combination not only makes your skin supple and restore its natural glow but also tightens skin and has anti-bacterial properties.

Application

Oily Skin Add 1 tsp in 1 cup of water, add a few drops of Rose Water/ Aloe Vera Gel (*thrice a week*)

Normal Skin Add 1 tsp in 1 cup of raw milk and apply (*thrice a week*)

Ingredients

Beetroot Powder, Oats,
Rose Petals, Turmeric,
Tulsi Powder



BODY SCRUB

SMOOTH EXFOLIATED SKIN

- ✓ Handmade scrub
- ✓ 100% Natural
- ✓ No chemicals or agents
- ✓ Suits all skin types

100 GMS

MRP 500/-



+91 7499113124



Why TBN Body Scrub?

Exfoliation is basic skin-care regime.

Made with natural ingredients that are excellent for exfoliating dead skin, help in removing tan, and restore skin suppleness. We have consciously included a great Aura Cleansing agent too.

Application

Mix it with water and gently apply the mixture. Keep till it's dry. Wipe it off with a damp towel or rinse it off with water. Feel free to use it daily.

Ingredients

Moong Dal, Lemon Peel, Orange Peel, Multani Mitti (Fuller's Earth), Rose Petals, Kapur (Camphor)



+91 7499113124



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Hi!

I am Truppti Bagri!

I am committed to assisting people live a healthy and nutritious life. The diets I suggest are based on accumulated knowledge over the years, making sure your goals are met with optimum nutrition and nourishment.

With TBN Health, I have poured in the accumulated knowledge from years of guiding everyone to live a healthy life.

Click [HERE](#) to place your orders!

